












WISH UPON A STAR MENU

WEEK I

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Toast Crunch Pears Milk 	Scrambled Eggs w/ bread Mandarin Oranges Milk	French toast Apple sauce Milk 	Crescent Roll Peaches Milk	Corn Flakes Pineapple Milk
Lunch	Chicken Nuggets Mashed potatoes Peas Pears Wheat bread Milk 	Fish Sticks w/ rice Carrots Mandarin oranges Milk 	Homemade Spaghetti w/ meat sauce Garden salad Fresh fruit Dinner rolls Milk	Cheeseburger w/sliced pickles California mix Fruit cocktail Milk 	Homemade Chicken Alfredo Butter noodle Mix veggies Pineapple Milk
Snack	Cheese-it 100% juice 	Honey graham Cracker Applesauce Milk	Ritz crackers 100% juice 	Sliced apple Milk	Pretzel 100% juice
Dinner	Beef Ravioli with Cheese Garden Salad Milk	Parmesan Chicken Tri-Color Noodles Corn Bread Milk	Turkey Cheese Wrap Garden Salad Fresh Fruit Milk	Fish Sticks Tater Tots Bread Applesauce Milk	Beef Steak Nuggets Mashed Potatoes Garden Salad Pineapple Milk








WISH UPON A STAR MENU

WEEK: II

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 	Bagel w/ cream cheese Applesauce Milk	Rice crispy Peach Milk	Egg Patty w/ bread Pineapple Milk	Muffin Fruit cocktail Milk	Waffle Tropical Fruit Milk
Lunch 	Beef Steak Nugget Mashed potato Carrots Mandarin Oranges Wheat bread Milk	Parmesan Chicken w/ tri- color noodles Corn Pears Bread Milk	Beef Ravioli w/cheese Garden salad Tropical fruit Dinner rolls Milk	Homemade BBQ Chicken Rice Green beans Pineapple White bread Milk	Turkey-cheese Wrap Garden salad Fresh fruit Milk
Snack 	Peanut butter Ritz crackers 100%Juice	Chocolate chip Cookie Pears Milk	Gold Fish 100%Juice	Oatmeal cookie Applesauce Milk	Saltine crackers w/ cheese 100%Juice
Dinner 	Fish sticks Tater Tots White bread Pears Milk	Homemade Mac & cheese w/ Turkey Wheat bread Pears/ Mandarin oranges Milk	Chicken nuggets Mashed potatoes Corn Pineapple White bread Milk	Cheeseburger Bun w/sliced Pickles California mix veggies Applesauce Milk	Homemade Spaghetti and Meat sauce Garden salad Applesauce Milk

WISH UPON A STAR MENU

WEEK: III

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Peaches Milk 	Scrambled eggs w/bread Applesauce Milk	Pancake Pineapple Milk 	Cinnamon Roll Pears Milk	Corn Flakes Mandarin Oranges Milk
Lunch	Fish Sticks Tater tots White bread Pears Milk 	Homemade Chicken Risotto Mix. Veggies Applesauce Wheat bread Milk	Homemade Spaghetti w/ meat sauce Garden salad Peach Dinner Rolls Milk	Chicken nuggets Mashed potatoes Corn Mandarin oranges White bread Milk	Ground beef Sloppy Joe/bun French fries Garden salad Fresh fruit Milk
Snack	Animal crackers Pineapple Milk 	Saltine crackers w/ cheese 100% Juice 	Chex Mix Milk	Pretzel 100% Juice 	Mixed fruit cup Milk
Dinner	Homemade BBQ Chicken Rice Green beans Pineapple Bread Milk	Turkey & Cheese Wrap Garden Salad Tropical Fruit Milk	Parmesan Chicken Tri-Color Noodles Corn & Peas Fresh Fruit Milk 	Cheese burger Bun w/sliced Pickles California mix Applesauce Milk	Homemade Chicken Alfredo Butter noodles Mix veggies Milk









WISH UPON A STAR MENU

WEEK: IV

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Toast Crunch Tropical fruit Milk 	Bagel w/cream cheese Applesauce Milk	Rice Crispy Pears Milk 	Muffin Fruit Cocktail Milk	Egg Patty w/ bread Pineapple Milk
Lunch	Homemade Mac & cheese w/Turkey Peas Fresh fruit Milk 	Parmesan Chicken w/ rice Mix veggies Mandarin oranges Wheat bread Milk	Beef Steak Nuggets Mashed potatoes Corn Pineapple Wheat bread Milk 	Cheeseburger bun w/sliced pickles California mix Applesauce Milk 	Extra Cheese Pizza Pickles Fresh fruit Milk
Snack	Corn chips 100%Juice 	Oatmeal cookie Applesauce Milk	Mixed fruit cup Milk 	Gold fish 100%Juice	Ice cream Sandwich Milk
Dinner	Cheeseburger Bun w/sliced Pickles Green beans Apple Sauce Milk	Homemade Spaghetti and Meat sauce Garden salad Peaches Dinner Roll Milk	Turkey & Cheese Wrap Mix veggies Mandarin oranges Milk	Chicken Patty Bun Carrots Fresh Fruit Milk	Homemade BBQ Chicken Rice California mix Pineapple Bread Milk

WISH UPON A STAR MENU

WEEK: V

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 	Pancake Applesauce Milk	Scrambled eggs w/bread Fruit cocktail Milk 	Corn Flakes Pineapple Milk	Cinnamon roll Peaches Milk 	Rice crispy Pears Milk
Lunch	Chicken patty / bun mayonnaise, tomato, Lettuce Mixed veggies Fresh fruit Milk	Homemade BBQ chicken Rice Corn Peaches Wheat bread Milk	Beef ravioli w/cheese Broccoli Fruit cocktail White bread Milk	Homemade Ground beef Sloppy Joe/bun Tater tots Garden salad Pineapple Milk	Beef Steak Nuggets Mashed potatoes Peas Fresh fruit Wheat bread Milk
Snack 	Corn chips 100% Juice 	Chocolate chip Cookie Mandarin Oranges Milk 	Chex Mix 100% Juice 	Graham cracker Applesauce Milk 	Cheese-it 100% Juice
Dinner	Ground Beef Sloppy Joe French Fries Garden Salad Milk	Beef steak nuggets Mashed potatoes Carrots Mandarin Oranges Wheat Bread Milk	Turkey & Cheese Wrap Garden Salad Fresh Fruit Milk	Parmesan Chicken Tri-color noodles Corn & green beans Tropical fruit Milk	Cheese Pizza Milk